Bromley Mental Health Hub

March 2024



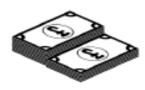




Context pre transformation















High demand for services Service fragmentation and duplication, e.g. repetition of assessment

Reducing resources

Inequalities

Lack of focus on outcomes

Culture change

Over usage of acute pathway

Multiple entry points which are confusing

Services not integratedespecially crisis support

Proposed Core Offer: Bromley Hub



- To offer a diverse and personalised range of interventions to people experiencing mental health problems within the community setting
- Enable earlier access to support; to support people to recover and stay well; to prevent mental ill health and crisis intervention.
- To reduce inequality in access and experience of mental health and physical health care for people with severe, moderate and mild mental illness in Bromley

• Adults in Bromley, over 18 years of age, experiencing mental health problems. This will include people with severe mental illness (SMI) as well as individuals with mild mental health illness who require care and intervention.



Bromley Mental Health Hub

Principles (drawing on those agreed at SEL) that underpin the proposal in Bromley:

Bridging the gap across Primary and Secondary Care

No wrong door into services and frictionless movement between them

Holistic approach to assessing and meeting needs

Integrated, multidisciplinary team providing clinical and non-clinical support



Key components of the Hub

Request for Support Triage and
Assessment of
Needs

Core Community
Services

Enhanced Service
Offer

- Via a Single Point of Access
- Various referral routes including from primary care, secondary care, local authorities and other professionals
- Plan is also for referrals from self
 & families

- Holistic triage
 assessment of needs
 aiming to support
 reablement and
 integration into the
 local community
- MDT meetings; representatives from IAPT, PCN Mental Health Practitioners, secondary care and vocational teams to ensure robust service integration

- Ability to signpost to other services, resources and activities, and offer a comprehensive brief intervention programme (4-12 weeks)
- Access to peer workers, social workers and mental health professionals, as well as housing, benefits support, employment support

- Through regular MDT meetings there will be onwards referrals for specialist interventions
- Ensure specialist interventions can be accessed, including IPS, EIP and Eating Disorders
- Straightforward process for re-engagement postdischarge if required





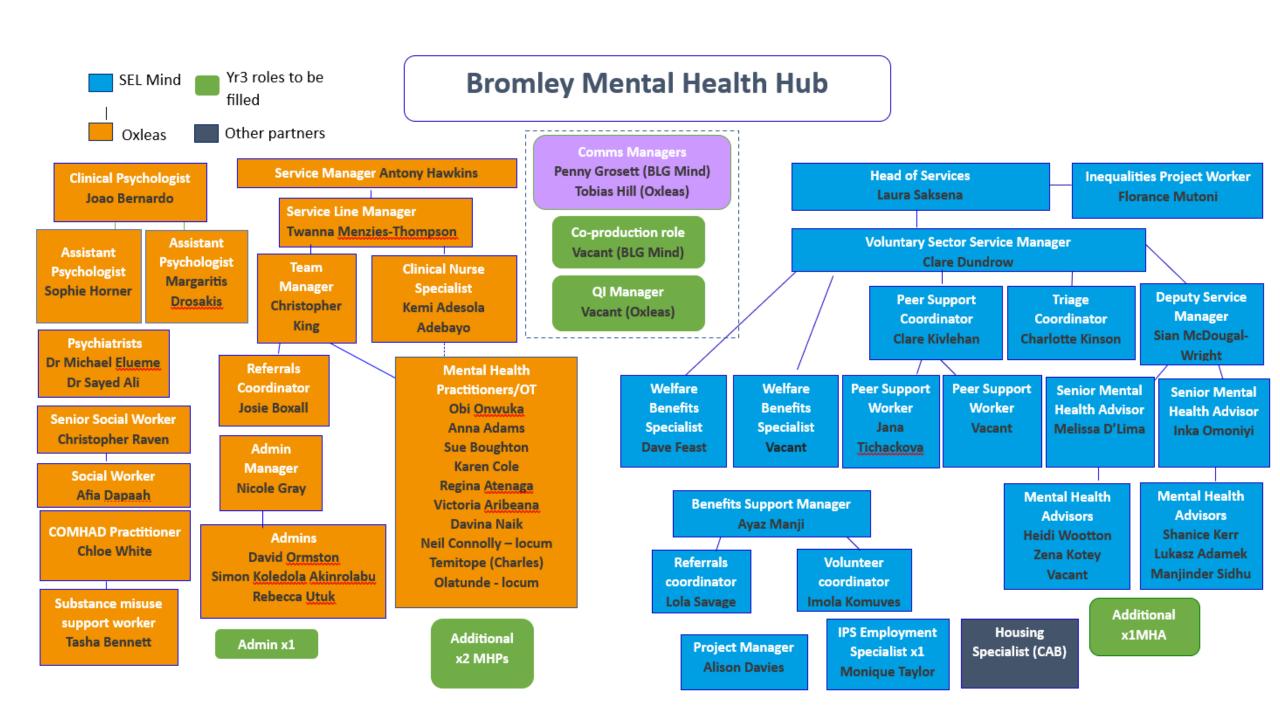
Bromley Mental Health Hub Team

Integrated team of approx. 50 people Located at two sites – Beckenham Beacon and Hayne Road

Oxleas staff
Previous 'PCP' team plus additional roles that have been recruited to

VCS staff employed by BLG Mind New team have been recruited to

Project Manager employed by BLG Mind



Bromley Mental Health Hub - Overview

Referrals from different sources

Bromley Mental Health Hub Admin/Screening/Dialog

Admin checks, screening, Dialog, identify needs, present at MDT/allocate, refer out or within BMHH for clinical or non-clinical brief intervention

Housing **Support**

1:1 MHA/MHP Support

IPS

Support

Medical Support

OT Support SW Support Peer Support

COMHAD

Psychology Groups – 10 week programme

Benefits Support



MDT/referrals to and from CMHT, IAPT, PCNs, SPLWs, LBB

Discharge/onward referral



Inequalities Project Worker

- The BMHH has an inequalities project worker whose role is to talk to marginalised communities around the borough to learn more about the barriers individuals experience or feel that mean they do not access mental health services
- The IPW will make recommendations around how we can respond to these learnings, and how they can inform the way we offer our services within the Bromley Mental Health Hub

The day-to-day

- Run Focus groups that are tailored to minority groups within the community
- Deliver outreach work
- Equalities grants programme
- Further develop & build on key relationships
- Work in collaboration with Oxleas NHS and other Teams across SEL Mind and across the Borough
- Continue feeding information into the hub's development

