

Email bulletin N° 103 – 27 January 2010

Dear Colleague,

Welcome to another exciting e news bulletin with a wide range of informative articles. You'll be pleased to know that we have taken your views from the recent e-news bulletin very seriously and as a result of your comments, I'm delighted to let you know of some imminent changes.

Many of you felt that it is important for the Voluntary and Community Sector to celebrate its successes more. We often dwell on things that don't go as planned, but we are not very good at shouting from the rooftop when we achieve remarkable results. We at Community Links feel we should redress this and so we have decided to showcase more of our members' activities and outcomes to show our readership what can be achieved. We value your input and I urge you to share these stories with our editor Philippa Leary. You also demonstrated a need to know more about new commissioning processes and role of Compact Champion. As a result, we are devoting the next issue exclusively to these items. If you have any particular questions you would like us to address in this issue, please email Stephen Blann.

Finally, although we have surveyed your views on our news service, as ever if there is anything else you would like us to cover, please let us know.

Warm Regards,

Eithne

Eithne Rynne,

Director, Community Links Bromley

Next publishing dates:

- Wednesday 10 February 2010 – Compact Special
- Copy deadline: Thursday before publication

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Spotlight

Successful launch of Compact Champions Network

As part of the “refreshed” Bromley Compact, a network event for Compact Champions was held at Community House on 15th January with 36 people attending plus speakers and many signed a “Compact Pledge” to promote and help implement the Bromley Compact.

Read a full review in e-news Compact Special published on 10th February.

CarePlus charity 'thank you' event

Bromley older people's charity CarePlus celebrated the work of its volunteers at a special thank you party. [Read more](#)

Local news

CarePlus charity 'thank you' event

The event, organised by the charity's volunteer co-ordinator Jayne Gorey, took place in the hall at Trinity Bromley URC. Dozens of CarePlus volunteers, supporters, trustees and dignitaries including Bob Neill MP for Bromley and Chislehurst, Cllr Michael Turner and the Mayor of Bromley, Cllr Douglas Auld attended the event on the afternoon of Saturday 16 January. The event got underway when CarePlus Trustee Rev Elizabeth

Davis thanked the volunteers for their hard work and introduced the Mayor of Bromley, Cllr Douglas Auld who spoke about the good work of the charity. CarePlus trustees provided tea and homemade cake while the volunteers enjoyed some informal mingling. Jayne Gorey said: "We are indebted to the work of our volunteers. We wanted to show our appreciation of the work they do so we held the party as our way of saying thank you." Jayne hopes to organise a similar event next year.

"Volunteering is a great way to help others," says Jayne. "Our volunteers help with everyday tasks like shopping, gardening, transport and personal administration for older people who are finding it difficult to get out of the house or are feeling lonely."

One volunteer, Elizabeth Meynell from Bromley, said she has made some good friends since joining at the charity's start in 1987: "I help transport people, usually to hospital appointments, and with day-to-day tasks like shopping. I find the work rewarding and enjoyable as I get to meet a variety of people who are no longer able to do some of the things that used to come easily," she said.

Jane Farrer has been with CarePlus for almost 20 years, and finds huge satisfaction in being able to assist older people in the London Borough of Bromley, whether it is by undertaking regular shopping trips or driving or accompanying older people to hospital appointments.

She says: "So many elderly people find themselves having to deal with financial and physical difficulties. I see the 'plus' of CarePlus as commonsense and compassion. I cannot change the world but I can help some of the people in it. Saying 'yes' to someone's request for help gives my life worthwhile meaning and the reward of a relieved 'thank you so much' far outweighs the time spent."

CarePlus provide a local volunteer service for older people (65+) in the London Borough of Bromley. If you can spare an hour a fortnight to visit, drive, garden or shop for someone please call 020 8290 4992 or email volunteer@careplusbromley.org.uk.

You can view photos taken at the event on [CLB's Flickr site](#).

Saturday Clubs, Holiday Schemes and Bromley Family Link

The London Borough of Bromley is changing the way it commissions for services, and is currently commissioning for a holiday and weekend short break service for disabled children and young people. Initially the proposal is to offer:

- Saturday Clubs during term time
- Four weeks summer holiday scheme

- A holiday scheme during all three half terms
- 3-4 days during the Christmas break

Bromley Family Link is tendering to provide these services under the revised terms of clubs and holiday schemes provision. BFL is currently looking to consult with parent/guardians to complete a questionnaire together with their child about their experience of BFL's existing services and what additional services they would like to see put in place.

A copy of the questionnaire is available either by email from family-link@btconnect.com or by phone 020 8466 6644 if you would like to participate. The deadline to return the form is 3rd February 2010.

LBB Transport Review - update

As reported in the last bulletin, London Borough of Bromley Adult & Community Services department has published a transport review looking at access to and options for travel and transport for Older People and a wide range of disabled people. It is 132 pages long and its key recommendations are:

- Creation of a Bromley specific Transport Access Guide
- Inclusion of transport information and schemes in forthcoming Bromley Social Services Access Hub/Web Portal
- Creation of Day Centre Travel Plans
- Development of a pilot Travel Project
- Pilot Travel Training for a small identified group of individuals
- Establishment of a Mobility Forum
- Improvement of internal Council communication
- Establishment of co-working with neighbouring boroughs

The review was also considered by the Health Social Care and Housing Partnership Board on 25th January. It will now be considered by a range of council committees. You can download a copy at www.bromleypartnerships.org.

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Local events

Gather & Grow Cell Group

Date: Friday 29 January

Venue: Bromley Mind, Beckenham Centre, 20b Hayne Road, Beckenham BR3 4HY

Time: 7.15 for 7.30pm

Gather & Grow welcomes women of all ages, of any denomination and of other faiths to come and enjoy the benefits of exploring God's Word and to have some great times of discussion and fellowship together. This term the group will be looking at the names of God. Meetings are held on Fridays on the following dates 29th January, 12th and 26th February, 5th and 9th March. To find out more information about the group visit www.just-be.co.uk.

To register your interest, please email gather@just-be.co.uk or telephone one of the following contacts: Alison: 07881 960699, Yvette: 07818 531898.

JustBe Film Club

Date: Friday 5 February

Time: 7pm for 7.30pm (prompt)

Cost: £10 (inclusive of refreshments i.e. popcorn, drinks, chocolate, ice cream etc)

Venue: Catford, SE6

Do you enjoy watching movies and having good conversation? The idea of the film club is for women to get together, relax, have a snack or refreshment, watch a movie and have a good time. Please book early, as there are limited spaces for 12 people. This month's film is "The Marriage Counsellor".

Contact: Janet 07961 098472 and Yvette: 07818 531898 to book.

Age Concern Bromley – Action against Burglary

Date: Tuesday 9 February

Time: 10.30am

Venue: United Reformed Church, 20 Widmore Road, Bromley BR1 1RY

Come and join us! See the Attic Theatre Production of 'Ma Kelly's Doorstep'. Meet the community teams and pick up free advice on keeping your home and belongings safe. Free goody bags and free refreshments. First come first served basis.

For more information, contact Hester Parsons on 020 8315 1850.

Tintagel Women's Club

The club is inviting new members to come along to its meetings at the Church of Unity Hall in Rye Crescent, Orpington every Monday in term time from 2- 4 pm.

The Carers Organisations Group AGM

Date: Wednesday 24 February

Time: 10am

Venue: The Verrall Hall, United Reformed Church, Widmore Road, Bromley BR1
COG invites you to their AGM that will focus on the services available for carers of those suffering with Dementia. The guest speaker is Pat Morton, Carers Support from the Alzheimer's Society at White Gables. Please RSVP to karen.waldron@carersbromley.org.uk

LBB's Fresh Start team – hosting a free information event

Date: Wednesday 10 February

Venue: Anerley Town Hall, Anerley Road, London SE20 8BD

Time: 10.30am - 4pm

Find out about training, careers, job opportunities, money management and self-employment options. This Fresh Start free event will include:

- Exhibition of support agencies
- One-to-one advice
- Training workshops

To find out more about Fresh Start, please visit: www.bromley.gov.uk or call: 020 8313 4825 / 8461 7897.

Half term activities for kids

Dates: Monday 15 - Wednesday 17 February

Time: 10am - 3pm

Venue: Coopers Technology College, Hawkwood Lane, Chislehurst, BR7 5PS

Cost: £15 per day, or £40 for all three days, or £10 per morning or afternoon session.

Coopers Sports Camp is open to any children in year 5, 6, 7 or 8. Contact Katie Wood at Coopers on 020 8467 3263 ext 258 or email kwood@coopers.bromley.sch.uk to register.

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Local training

FREE Commissioning Event

Date: Thursday 25 February – book now!

Following the successful commissioning event held in November 2009, in partnership with LBB's Children and Young People and Adult and Community Services Teams, Community Links Bromley and Children & Families Voluntary Sector Forum are to host another Commissioning Conference.

To view the agenda, and to make a booking, [follow this link](#).

Men of Bromley are you fed up with microwave meals? Then come and learn how to cook

Date: Thursday February 18

Venue: West Wickham

Cost: £22

These courses are for men over 40, living on their own, who want to learn how to cook. Taking place on the third Thursday of every month, the course runs over a six-month period. Call 020 8777 8619 or 020 8462 5344 for more information or to book a place.

Mottingham Community and Learning Shop – January

This community driven centre offers learning opportunities and a range of services providing training, help, guidance and support for local people in Mottingham.

Visit bromley.gov.uk for the latest programme of courses including the announcement that The Lewisham Credit Union is expanding its services into Bromley Borough. If you are interested in joining the Credit Union or finding out more about the services, it will offer, you can call in for a chat on a Tuesday or Thursday afternoon.

Contact details: Telephone: 020 8860 1150, e-mail: mcls@bromley.gov.uk

Address: 1-2 Cranley Parade, Beaconsfield Road, Mottingham SE9 4DZ

Opening Times: 9.15am to 4.00pm, Monday to Friday

Cotmandene Community Resource Centre - January/February

An integrated community centre providing opportunities for local people of all ages and walks of life. Visit bromley.gov.uk for the latest programme of courses

Contact details: Telephone: 020 8402 0123, e-mail: ccrc@bromley.gov.uk

Address: 64 Cotmandene Crescent, St Paul's Cray, Bromley BR5 2RG

Opening Times: 9.30am to 1pm, and 2pm to 4pm Monday to Wednesday and Friday.

Please note the Centre is closed all day Thursday.

Football Coaching For Girls

Dates: Tuesday 9 February from 6 - 9pm

Friday 12 February from 6 - 9pm

Saturday 13 February from 10am - 1pm

Venues: Coaching on the Tuesday and Friday will take place at Darrick Wood Sports Centre, Lovibonds Avenue, Orpington BR6 8ER, Coaching on the Saturday will take place at Grassmead Recreation Ground, Dyke Drive, Orpington BR5 4LY.

Did you see 'Bend it like Beckham' or 'She's the Man' and want to have a go? Then here is your chance. All abilities welcome. You will receive qualified coaching to develop your skills with the possibility of playing League football in the future.

Orpington Football Club – will be delivering FREE* coaching sessions to girls aged 11 - 14.

For further information, please contact Chris Harper on chris.harper33@ntlworld.com , telephone 07813385182. The project is supported by PRO-ACTIVE South London.

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National/regional news

Results now online from Third Sector survey

Third Sector magazine conducted a 'State of the Sector' survey recently and has now published the result. There were responses from more than 700 charity professionals, covering issues such as money and politics See results at www.thirdsector.co.uk

Plain English or officialese?

IDEA, the improvement agency for local government, reports an interesting interview from an academic who has given evidence to parliament on the "Use and abuse of official language". With many in the community sector having close dealings with council officials, there is always the danger of using jargon inappropriately. www.idea.gov.uk.

Tackling Race Inequality – a statement on race

The Department for Communities and Local Government has published a document, which sets out the Government's strategy for tackling race inequalities and implications and interaction with wider issues of equality and fairness. Download a copy here

www.communities.gov.uk

Quality Accounts

The Department of Health has just sent a letter to primary care trusts, local involvement networks and local authority overview and scrutiny committees setting out their roles and responsibilities with new Quality Accounts. Quality Accounts are part of the Darzi reforms, where straight numerical targets are replaced with measures of quality and outcome. This letter talks about how different people responsible for monitoring and scrutiny of NHS services should use Quality Accounts. Download the letter here

www.dh.gov.uk

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National/regional events

NCVO Annual Conference - The Good Society – a time for action

Date: Tuesday 23 February

Venue: London

NCVO's [Annual Conference](#) is the place to learn about and debate the public policy issues that affect our sector and the people and communities within it. Choose from a programme of 12 [practical workshops](#), which will give you fresh ideas from sector experts to help move your organisation forward.

The [keynote speakers](#) include Diana Aviv of Independent Sector (USA) and Greg Clark MP who can help you to see how your organisation can be involved in bringing about lasting change.

Visit www.ncvo-vol.org.uk/annualconference2010 or call Matt on 020 7520 3160.

The Young Enterprise (YE) London - Achievers mid Year Briefing

Date: Wednesday 10 February

Time: 4.30 for 4.45pm

Venue: Baker Tilly, Lancaster House, 7 Elmfield Road, Bromley, Kent, BR1 1LT
An informative and social event for YE company programme achievers. It is also an opportunity to learn about the OCR exam, trade fairs and company reports.
RSVP by Thursday 4th February to julieb@yelondon.com or phone 0779 0101642.

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National/regional training

CSAS Alert: Developing an Organisational Communications Strategy

Date: Wednesday 24 February

Venue: City Hall

Cost: Free for small voluntary / community groups. Second tier groups contact CSAS for pricing details. Statutory sector delegates £80.

For more information visit [CSAS](#) or speak to Tony Kinson on 020 7793 3730.

LVSC Short Courses programme – February/July 2010

Course dates for next semester February 2010 - July 2010 now available on LVSC's [website](#). To view course details and book your place online, click on the course title:

- 1-2 February [Introduction to health & safety](#)
- 3 February [Writing better fundraising applications](#)
- 4-5 February [Supervising staff - Essentials](#)
- 8 February [Introduction to involving volunteers](#)
- 9 February [Managing your volunteer programme](#)
- 10 February [Dealing with violent & aggressive behaviour](#)
- 11-12 February [Newsletters writing for print](#)
- 15 February [Understanding financial systems](#)
- 16-17 February [Project management](#)
- 18 February [Effective minute taking](#)
- 19 February [Assertiveness mixed](#)
- 22-23 February [Training the non trainer](#)
- 24-25 February [Supervising staff - essentials](#)

- 26 February [Effective time management](#)

For detailed information, check the website: www.lvsc.org.uk/courses . LVSC operates a sliding scale of course fees to encourage participation from a wide range of VCS organisations. Please see the [price grid for courses September 2009-February 2010](#)

DSC's Fundraising Programme of Courses

Here is a selection of courses taken from the DSC's winter training bulletin.

'How to' Develop Corporate Support

Date: Tuesday 2 February, London

Cost: Fees start at £195 per delegate

This one-day course is for those working in small to medium sized organisations who are involved with or wish to start corporate fundraising but have limited experience. You will receive the tools and confidence to develop support from, and build relationships with, corporate partners. In addition to the training, you will receive a copy of The UK Guide to Company Giving (RRP £50).

[Click here for more details and to book online](#)

Using Your Annual Accounts to Improve Fundraising Effectiveness

Date: Monday 8 February, London

Cost: £160 per delegate

This one-day course is for those who are interested in the huge potential of annual accounts as an additional fundraising tool. You will receive tools to enhance your fundraising effectiveness by influencing the presentation of your annual report and accounts.

[Click here for more details and to book online](#)

Foundation Course in Fundraising Practice

Date: 22-25 February, London

Cost: Fees start at £1105 per delegate.

For those who need a more structured introduction to fundraising and their role within a fundraising organisation. Over the course of four days, you will extend your knowledge and skills of the planning and practice of fundraising and increase your ability to identify

and address your fundraising needs. Successful completion of this course and its assignment can also lead to the Fundraising Practice element of the Certificate in Fundraising Management. For more details, [click here for more information, further dates and to book online](#)

Managing Fundraising

Dates: 15-16 February and 8-10 March, London

For fundraisers who manage or aspire to manage the fundraising function. This five-day course will develop your skills in fundraising planning and strategic development, alongside tools for managing the staff and resources to support the fundraising function. This course is split over different dates because we understand that participants often have difficulty being away from the office for an entire week.

Fees start at £1420 per delegate. [Click here for full details, further dates and to book online](#)

Successful completion of this course and its assignment can also lead to the Managing Fundraising element of the Certificate in Fundraising Management.

For more details, [click here](#)

Corporate Fundraising - Pitching to Win

Date: 2-3 March, London

Cost; Fees start at £380 per delegate

This two-day course is for anyone who has responsibility for, and some experience of, developing charity partnerships with companies. By the end of the two days, you will have the knowledge and skills needed to research, negotiate and manage corporate partnerships to the benefit of charitable causes.

In addition to the valuable training, delegates receive a copy of Corporate Fundraising (RRP £22.95). [Click here for more details and to book online](#)

'How to' Fundraise from Online Communities

Date: 24-25 March, London

Cost: Fees start at £245 per delegate

This brand new, unique two-day course provides a basic overview of the different community building tools online (aka Social Networking Sites) and other essential skills

for successful online community fundraising.

[Click here for more details and to book online](#)

CHASE 2010 - free programme of fundraising seminars

Dates: Tuesday-Wednesday 23-24 February

Venue: Business Design Centre, Islington, London N1

A significant feature of CHASE, the annual Charities and Associations Exhibition, is the free programme of educational seminars held alongside the exhibition. Including the diverse range of sessions devoted to fundraising.

Sessions include:

- [Wealth Intelligence for Dummies](#)
- [Fundraising for Capital Appeals](#)
- [Maximising Donor Development](#)
- [How Social Media can Boost your Events](#)
- [Gift Aid: Maximising The Returns and Avoiding Pitfalls](#)
- [Fairytale Fundraising Strategies \(Workshop\)](#)
- [Putting Your Faith in Fundraising](#)

To register for the event, please sign up at www.conferencehouse.co.uk

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Local Jobs

Crystal Palace Community Development Trust-Youth Co-Ordinator

Crystal Palace Community Development Trust is seeking an experienced Youth co-ordinator. Applicants should be self-motivated and have skills and experience in managing youth projects, project development, partnership working, fundraising and staff management. Successful candidates will be asked to apply for an Enhanced Disclosure from the Criminal Records Bureau.

Salary £28k pro rata 25 hours per week. For an application pack call 020 8676 5666 or email admin@cpcdt.org.uk closing date 5pm Friday 5 February 2010

Bexley Voluntary Service Council - 2 Posts

Administrative assistant

NJC Scale 3 pts 14-17

Starting salary incl. OLW £12,138.89 for 25 hour week

We are a local charity looking for a well-organised person to work 25 hours over five days per week (Mon, Tues, Wed & Fri 9.30am-1.00pm & 2.00pm-4.00pm, Thurs 1-4pm) in our busy central office. Working with paid staff and volunteers, the postholder will assist our Administration Manager in all matters relating to the provision of our information, the servicing of our committees and the administration of our offices and resources.

The successful applicant will have at least two years experience of office administration, excellent communication skills and plenty of initiative. Excellent word processing skills and some experience of using databases essential.

Interviews to be held on Monday 22nd February 2010.

Volunteer Support Worker

NJC Scale 6 pts 26-28

Starting Salary incl. OLW £13,320 for a 20 hour week

Volunteer Centre Bexley, a service of BVSC, is seeking to recruit a Volunteer Support Project Worker to encourage and support people with a mental health issue or a learning disability to volunteer within local voluntary groups. The postholder will promote the scheme, identify volunteering opportunities, help organisations create new opportunities and match volunteers to suitable placements ensuring good practice is adhered to across the scheme.

You will be a highly motivated, well-organised individual with excellent interpersonal skills and the ability to work both on your own and as part of the Volunteer Centre Team. Demonstrable experience of working with this client group is also essential together with an understanding of, and commitment to volunteering and its role in today's society

Interviews to be held on Friday 19th February 2010.

Application packs for both posts available from BVSC, 8 Brampton Road, Bexleyheath, Kent DA7 4EY. Tel: 020 8304 0911 or at www.bvsc.co.uk

Closing date for both posts is noon on Friday 5th February 2010.

Merton Voluntary Service Council - Bookkeeper

14 hours per week

£6,992 p.a. plus pension

You will be responsible for maintaining financial records, invoicing, and other day-to-day financial administration for our small charity based in Mitcham.

An understanding of accounts and experience of computer-based accounting systems are essential.

An application pack can be downloaded from www.mertonconnected.com or requested by e-mail info@mvsc.co.uk or phone 020 8685 1771.

Closing date: 28 January

Interview date: 4 February

(Short-listed candidates will be notified by telephone.)

Bromley Mind – three posts

Bromley Mind provides services for people with mental health needs living in the London Borough of Bromley. Successful candidates will enjoy interesting roles within friendly teams and see satisfying outcomes from their work.

Employment Support Co-ordinator

£30,000

35 hours per week

London Borough of Bromley

12 month fixed term post

This exciting new role, part of the Improving Access to Psychological Therapies service in Bromley, will work to ensure co-ordination of mental health and employment support across the Borough. You will have excellent communication skills, experience of co-ordinating dispersed projects and of providing employment support.

Job Retention Worker

£26,000 (pro rata)

28 hours per week

London Borough of Bromley

12 month fixed term post

Working closely with the Employment Support Co-ordinator, you will provide focussed help to people with mental health issues to remain in employment. Excellent communication skills and experience of similar work are essential.

Peer Support Co-ordinator

£20,507 (salary review pending)

35 hours per week

London Borough of Bromley

Our pioneering Peer Support project recruits, trains and supports people with experience of mental health issues into volunteering roles. Its success to date means that you will also be responsible for co-ordinating training in other organisations as required. As an enthusiastic enabler with a strong commitment to service user involvement, you will have previous experience of mental health and supporting staff/volunteers.

For an application pack, please email: personnel@bromleymind.org.uk or telephone 020 8249 5910.

Closing date: 5.00pm on Thursday, 4th February 2010.

Successful applicants will be expected to undergo an enhanced level Criminal Records Bureau check. Bromley Mind is committed to equality of opportunity and welcomes applications from candidates with personal experience of mental health needs. Registered Charity no: 108297. www.bromleymind.org.uk

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Funding News

Second 'Access to Volunteering fund' grant round closes 8th February

The £2million fund aims to increase the number of disabled people volunteering through giving grant funding to volunteer-involving organisations. It is currently piloting in three areas: London, the West Midlands and the North West. The fund operates between autumn 2009 and spring 2011 over five grant rounds.

Volunteer-involving organisations can apply to fund projects that overcome the physical, psychological and attitudinal barriers to disabled people volunteering.

Applications can be made online or by post. Any organisations unable to submit an application by 8th February will have their applications considered in future grant rounds.

For more information visit the [Access to Volunteering website](#) or call the helpline: 03000 123 346.

Sport England/Sportsmatch

The Sport England Sportsmatch programme increases investment in community sport by matching new sponsorship money pound for pound.

The online investment centre has re-opened for applications for projects that will be delivered with Sportsmatch funding after April 2010.

Please note that Sport England's Small Grants Programme is still accepting applications for investment of between £300 and £10,000 (the total project cost should not exceed £50,000).

For more information call Sportsmatch on Tel: 08458 508 508 or email:

sportsmatch@sportengland.org . Website funding.sportengland.org

Sport England/Women in disadvantaged communities and women caring for children under 16

Sport England's themed rounds of National Lottery funding tackle gaps in sporting participation, to complement their other funding programmes.

If you wish to apply to the Active Women Themed Round, you must ensure that your project has a strong focus on one or both of their two highlighted groups.

Projects need to demonstrate how they will increase the number of women playing sport in either one or both of these groups.

- Women in disadvantaged communities
- Women caring for children under 16

This first stage of applications will close at 5pm on 3rd February 2010. The application process for all of the themed rounds of funding will be two-stage, and competitive. Initial assessment by Sport England will be completed by April 2010, with deadline for receipt of full bids by 5pm on 16th July and notification of decisions in September 2010. If you have a query on the Active Women themed round please contact Sport England on 08458 508 508. Full details are also on the website: www.sportengland.org

City Parochial Foundation (CPF) Funding 2007-11

CPF is an independent charitable foundation, which aims to enable and empower the poor of London to tackle poverty and its root causes, and to ensure that its funds reach those most in need. Each year it expects to make funds of approximately £6.5 million available, of which over £5 million is allocated to its open programme and the remainder to its special initiatives and commissioning.

CPF's open programme has four priority areas. These are:

1. To improve employment opportunities for disadvantaged people
2. To promote the inclusion of recent arrivals to the UK
3. To promote social justice (policy change and campaigning work)
4. To strengthen the voluntary and community sector (in the areas of research, campaigning and policy change and evaluation and learning).

There is no minimum or maximum size of grant and the amount you request should be the amount you need. However, the average grant is currently £52,000 in total, although a significant number of grants are smaller (between £5,000 to £30,000) and a few are larger (more than £70,000).

The amounts requested may be spread over one, two or three years and in some cases over longer periods, if there is a good reason to do so.

CPF has comprehensive funding guidelines available on its website or which can be requested from its offices. Please read these funding guidelines in full before making an application. The guidelines set out how you should go about making an application.

There are three closing dates a year:

- 7 February for the June Grants Committee
- 30 May for the October Grants Committee
- 25 October for the March Grants Committee

City Parochial Foundation, 6 Middle Street, London, EC1A 7PH, telephone 020 7606 6145, fax 020 7600 1866 or email info@cityparochial.org.uk or visit the website www.cityparochial.org.uk

Trust for London - funding 2007-11

Trust for London is an independent charitable trust set up in 1986 to support small, new and emerging voluntary organisations established to improve the lives of people and communities in London. Trust for London believes that local people are often in the best position to identify the problems that affect their lives and the possible solutions to those problems.

Most of the grants are made through the open programme but occasionally the Trust also funds special initiatives. It aims to develop supportive relationships with the community and voluntary organisations that it funds and to provide a 'funding-plus'

approach. 'Funding-plus' includes providing advice, guidance, and where appropriate, consultancy support and training to help organisations grow and develop.

The Trust works closely with its sister fund, City Parochial Foundation, which supports organisations tackling poverty in London. The Foundation is operated by the same staff and trustees but has separate funding guidelines.

These are available from their offices or on the Foundation's Website:

www.cityparochial.org.uk

Trust for London recommends that you check carefully which fund is more appropriate to your organisation as you can only apply to one. It is not able to fund all small, new and emerging organisations that apply. It will therefore fund areas of work which have one (or more) of the following aims:

- To challenge discrimination faced by disabled people
- To promote the inclusion and integration of recently established communities
- To strengthen mother-tongue and supplementary schools to provide creative educational opportunities
- To address new and emerging needs

The maximum you can apply for is £15,000 per year, although the average grant will be approximately £8,000 in total. Grants of one, two or three years will be made.

It is also recognised that women experience discrimination in different ways and particularly encourage applications from women's organisations.

There are 3 deadlines a year:

- 7 February for the June meeting
- 30 May for the October meeting
- 25 October for the February meeting

Trust for London, 6 Middle Street, London EC1A 7PH Website:

www.cityparochial.org.uk

Heart Research UK - Healthy Heart Grants

Heart Research UK Healthy Heart Grants support innovative projects designed to promote heart health and to prevent or reduce the risks of heart disease in specific groups or communities.

It has funded more than £680,000 worth of grants around the UK and focus on innovative, original projects that are based around heart health.

Grants of up to £10,000 are available to community groups and voluntary organisations that are spreading the healthy heart message.

Government or local authority funded institutions are not supported. Community and voluntary groups aided by public money may apply, however.

Applications are accepted only during January and February for the May round of grants and in July and August for grants awarded in November, each year.

For more information contact the Lifestyle Team: Heart Research UK, Suite 12D, Joseph's Well, Leeds, LS3 1AB Tel: 0113 297 6206. For more information either email:lifestyle@heartresearch.org.uk or [visit the website](#)

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Volunteer News

Student Volunteering Week 2010

[Student Volunteering Week](#), 22-28 February 2010, raises the national profile of student volunteering in Further and Higher Education.

The theme for 2010 is 'Inspiring futures; connecting communities', and Santander is the official sponsor of the Week. Central to the Week are the Gold Awards and Matt Spencer Award, which are now open.

Volunteering England is calling all education institutions and organisations, and individuals in the private, public and voluntary sectors, to support Student Volunteering Week 2010. If you know of an outstanding student volunteer there is still time left to nominate them for the Matt Spencer Award - nomination forms can be downloaded from the Student Volunteering Week 2010 [web pages](#). The deadline for nominations is 5pm on Friday 5 February 2010.

The Gold Awards, the only national student volunteering awards that recognise achievement, dedication and leadership within Further and Higher Education, are now open. Institutions can request certificates from Volunteering England, as well as guidance on how to [award them](#).

Volunteering England is offering a limited number of Student Volunteering Week sweets, which can be used for your Student Volunteering Week events. The sweets are branded and since there are only twenty 5kg boxes (approximately 1000 sweets) available, they will be sent out on a first-come first-served basis. The sweets are free to the first twenty

institutions who claim them, but VE requests that you pay the £9.58 postage fee. To claim a box email Amanda.Duggan@volunteeringengland.org.uk.

Volunteer Rights Enquiry - share your thoughts

Volunteering England is inviting views on the subject of volunteer rights this spring. Should volunteers have rights in the same way that employees do? Do you know of a situation where you think volunteers have had their rights abused, or have been exploited? What can be done to avoid this happening and what managers of volunteers should do when this does happen?

Please contribute your views on the [Inquiry website](#).

Invitation to register for the Vetting & Barring Scheme (VBS) Information Roadshows

The VBS team is pleased to inform you that the registration site is now open for the Information Roadshow events planned to take place in February and March. There will be 12 events run throughout in England, Wales and Northern Ireland. Events will last for a total of three hours including Question and Answer sessions.

The events are designed to:

- Explain the Safeguarding Vulnerable Groups Act legislation, including the impact of Sir Roger Singleton's recent review
- Set out the practicalities of the application and online checking processes and provide more information on the ISA
- Help individuals understand the implications of the scheme for them and their organisations
- Provide an opportunity to ask questions of the panel.

There will be around 500 places at each event and we anticipate that these will be fully subscribed. It is expected that attendees will already have some background knowledge of the scheme and how it will apply to their organisation. If you have any queries on the venues or the registration process please contact our helpline at 020 7403 3023 or email info@vbsroadshow.org

Please note that the booking line is unable to deal with specific scheme enquiries. If you have any questions regarding the Vetting and Barring Scheme or require further information please contact our specialist VBS helpline number 0300 123 1111.

To book a place at an event near you, please register at www.vbsroadshow.org

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Legal News

Equal opportunities - news update from Sandy Adirondack

Added or updated on the legal update website for voluntary organisations at

www.sandy-a.co.uk

- [Equality bill update](#)
- [Discrimination is unlawful even if there is a benign or justifiable reason for it](#)
- [A derogatory remark may be harassment](#)
- [An individual may be able to bring a claim for a discriminatory job advert](#)
- [Hair length and sex discrimination](#)
- [Mandatory \(default\) retirement age is lawful](#)
- [Review of default retirement age](#)

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Best practice, resources and offers

To Let - one bedroom flats above Chislehurst Active Age Centre

Age Concern Bromley has two modern and secure self-contained one-bedroom flats to let above its centre at Chislehurst, each purposely designed for single occupancy only for an older person.

The flats are two of six owned and run by Age Concern Bromley.

The flats overlook a garden area that opens onto Chislehurst High Street, close to shops, doctors, Post Office and chemist and bus routes.

Both flats are fully decorated, carpeted and each consists of a fitted kitchenette, diner/lounge area, one bedroom with a walk-in wardrobe, hall and bathroom/WC.

The properties are double-glazed and have gas central heating / radiators. The kitchenettes are fitted with units, electric cooker plus microwave.

Rent each flat = £283 per month and a small service charge.

Council tax and utility charges are the responsibility of the tenant. Returnable deposit of £283 is required.

For further information / application form, contact Age Concern Bromley, Community House, South Street, Bromley BR1 1RH. Tel: 020 8315 1850 or email

info@acbromley.org.uk

CYP Trust launches new website

The Children and Young Peoples' Trust has been working hard behind the scenes to develop what it hopes is a useful resource for everyone interested in children's services in Bromley. [Visit the site](#)

Fairtrade guide

Fairtrade has published a guide for local authorities interested in supporting the Fairtrade concept. The guide answers common questions and describes the benefits to authorities in supporting Fairtrade along with links to further reading and other resources.

- [Read or download the guide from the Fairtrade website](#)
- [Read about London and Fairtrade in the latest London Bulletin](#)

Contact: [Hannah Reed](#) Publications Officer.

Understanding participation: a literature review

Pathways through Participation is a sector project looking at what creates and sustains active citizenship in a broad way. The authors have compiled a literature review, covering a wide range of participatory activities that are often viewed in isolation. Visit pathwaysthroughparticipation.org.uk. Short summaries are in the process of being produced.

Innovation to make your organisation more effective

A practical guide to the why, what and how of innovation for the voluntary sector has been produced by NCVO. A printed copy of 'Innovation Matters' (subtitle How being

open to ideas can make your organisation more effective) can be ordered from www.ncvo-vol.org.uk or [download pdf, 1.04MB](#)

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Financial Management

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Membership

Join Community Links Bromley

Benefits of becoming a member of Community Links Bromley are many. Here are a few:

- Membership is free
- Specialist advice and support services
- Inclusion in the Directory of Local Voluntary Organisations
- Community library with over 500 titles
- Specialist funding information service
- Networking events
- Forum events
- Benefit from CLB's strong relationship with statutory authorities
- Opportunity to elect CLB trustees and attend the AGM
- Free or discounted prices on members' events
- Advertising job adverts and events on our website and e-bulletin free
- Volunteering brokerage and representation.

Membership of Community Links Bromley (CLB) is open to charities, voluntary organisations and community groups operating for the benefit of Bromley people and those groups whose aims are compatible with those of CLB. To become a member your organisation needs to fulfil these criteria.

Please note that CLB is a company limited by guarantee. Therefore all members are liable for the sum of £1 if CLB should be wound up.

To apply or to check the full criteria, download the [membership form and criteria](#). Or contact Sue Lee on 0208 315 1902.

If you aren't sure whether or not your organisation is a member, follow this link to the full [membership list of Community Links Bromley](#).

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About the email bulletin

Contact Details

The editor is Philippa Leary, Membership, Information & Communications Officer, Community Links Bromley. Our website is at www.communitylinksbromley.org.uk

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point of reference. Please keep information coming through. If you would like to submit an article or a feature for inclusion, contact philippal@communitylinksbromley.org.uk.