

Who We Are

We are dedicated in providing high-quality professional services such as; Supported Housing for young families and young single women.

Offering outreach, training and education, and therapy.

We provide SAFE supported housing, key worker support and workshops that support our residence overall wellbeing.

We accept both housing benefit and social services referrals, as well as self-referrals. The residence will be assessed on the level of need and funding options.

Contact Us

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Live Life &
Know Your Essence

Life
Essence

H O U S I N G A N D S U P P O R T



What Do we Do?

PRACTICAL & EMOTIONAL SUPPORT

Our aim is to rebuild confidence, self-worth, self-esteem and building health relationships. As part of the programme, families will receive counselling, education and training, parenting support and pastoral care.

>SOLIHULL PARENTING COURSE

>FREEDOM COURSE

>ART THERAPY

>PASTORAL CARE

"Because I am wonderfully and fearfully made"
(Psalms 139v14).



EDUCATION & TRAINING

We work with families to become work ready by offering and supporting them through Free Pearson's accredited courses such as;

>Getting ready for work

>IT courses

>Child Care

>Health and Social Care.

PARENTING SUPPORT

Families will have a Key Worker who will work daily at the home to provide support to families - they will work with the family around any issues that may present itself such as; Parenting, Schooling, Finances, Relationships, Faith, Money, Sex and Addictions.

We accept housing benefit and social services referrals
Supportive services are dependant on level of need and funding



We empower our families to work hard and reach their potential.



ONE 2 ONE COUNSELLING

Our Counsellor/Psychologist's are motivated to supporting individuals live a fully functioning life, by gaining an understanding of how to recognise and work through mental health symptoms. That may be preventing themselves and those within your community; by having a positive outlook on their mental well-being.

ON GOING SUPPORT

We understand the importance of moving on support and aftercare!
Our service incorporates moving on support and aftercare as part of the interventions and support when leaving the residential home. We will fully support you make you feel ready to head back into the community with independence.