

**Summary: Public Health Briefing**  
**Date: Tuesday 5<sup>th</sup> October 2021**

**Summary**

Below is a broad summary of topics discussed during the meeting.

- UK vaccination compared to other countries
- Risk of using public transport
- Vaccination of 12+ children
- Effects of and accessing booster vaccines
- International travel
- FLU vaccination
- Call for comms on healthy living/eating
- Black History Month
- Face coverings
- Increased infection in younger groups
- Mental Health and self-care
- Use of vitamin D and other supplements
- Risk from imported food

**Useful links that were shared during the call:**

BritBanglaCovid	<a href="https://www.britbanglacovid.com/2021/02/blog-post.html">https://www.britbanglacovid.com/2021/02/blog-post.html</a>
Imperial College London	<a href="https://imperialcollegelondon.github.io/covid19local/LTLA_public/Lambeth.html">https://imperialcollegelondon.github.io/covid19local/LTLA_public/Lambeth.html</a>
NHS	<a href="https://www.nhs.uk/better-health/get-active/">https://www.nhs.uk/better-health/get-active/</a>