



Bowling at the Pavilion Tuesdays at 10am for 6 weeks

Final session Tuesday 27 July
Meet at 10am for a 10.15am start
Limited places; please contact Matt to register

Keep Fit at Norman Park with Ann Wednesdays at 3pm for 6 weeks

Final session Wednesday 28 July
Please contact Matt to register



Tai Chi at Beckenham Public Hall with Rob Thursdays at 11.15am for 6 weeks

Final session Thursday 29 July
Please contact Matt to register

Please contact Matt Yule to book your place by phoning
0208 466 0790 or emailing Matthew.Yule@BromleyMencap.org



**COMMUNITY
LINKS BROMLEY**

