## Advocacy First

Advocacy First is an independent, locally based charity established in 1998 helping people in the Bromley area.



The charity offer support for patients who have been

hospitalised. Older patients in particular can feel vulnerable when they face having to leave hospital. The charity will support and represent them at meetings with medical and nursing staff to ensure that their voice is heard.

Advocates, working in partnership with local authorities and relevant organisations, can assist in reducing patient stress and help instil confidence by ensuring that plans are in place for future accommodation.

The basic principle of advocacy is to offer support and speak on behalf of people who, for one reason or another, are unable to do so themselves. Advocacy is all about representing someone else's views as if they were your own.

Each year, the charity help people from all walks of life. The service is free and confidential; clients can feel entirely confident that no action or discussion will take place without their consent.

Advocacy First work in partnership with other organisations where appropriate and beneficial. Sometimes referrals have to be made to other organisations when advocacy is not the answer to a problem.

The organisation receives income from the clinical commissioning group of the NHS. In addition, there are donations, fundraising activities and grants from funding trusts and gifts of appreciation from clients and their families.

If you would like to make a referral, please visit their website