

Future of Prevention

Initial focus: falls prevention

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Future of Prevention

What this is

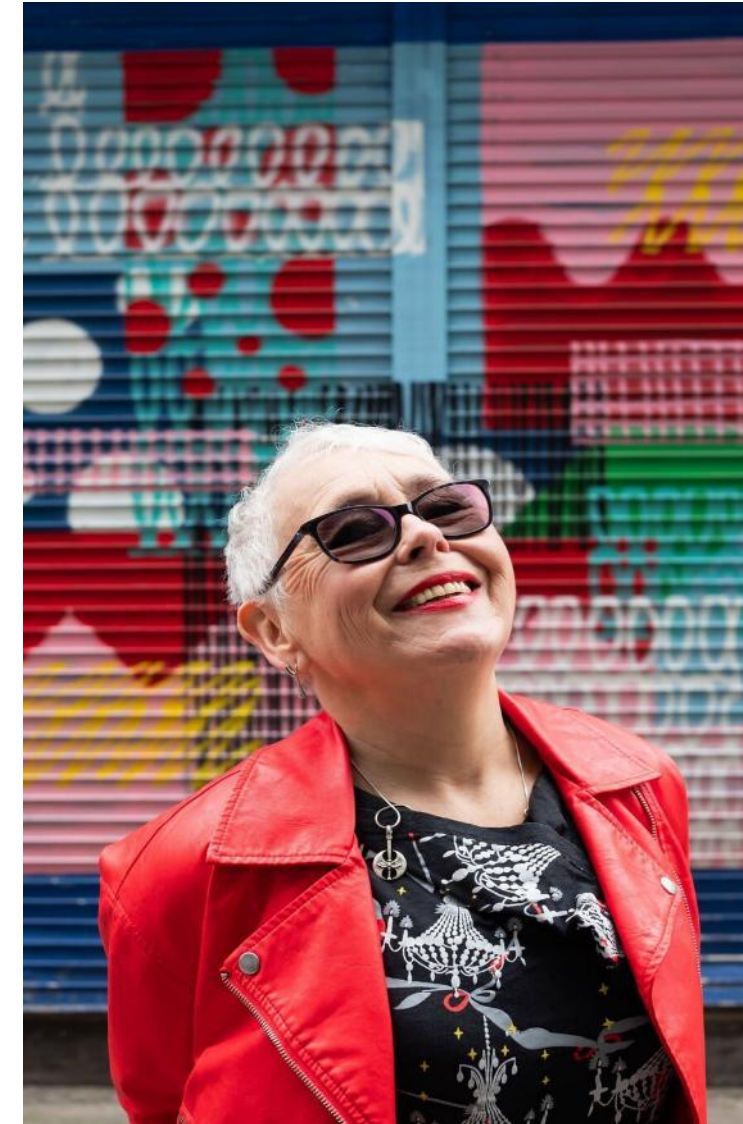
- Preventative programme to better target prevention interventions at scale in our neighbourhoods, working with a national community of practice of other Councils

What it does

- Help care and health partners design, deliver and evidence the impact of targeted, proactive prevention at scale using machine learning (AI) predictive analytics to find people at risk of needing extra support

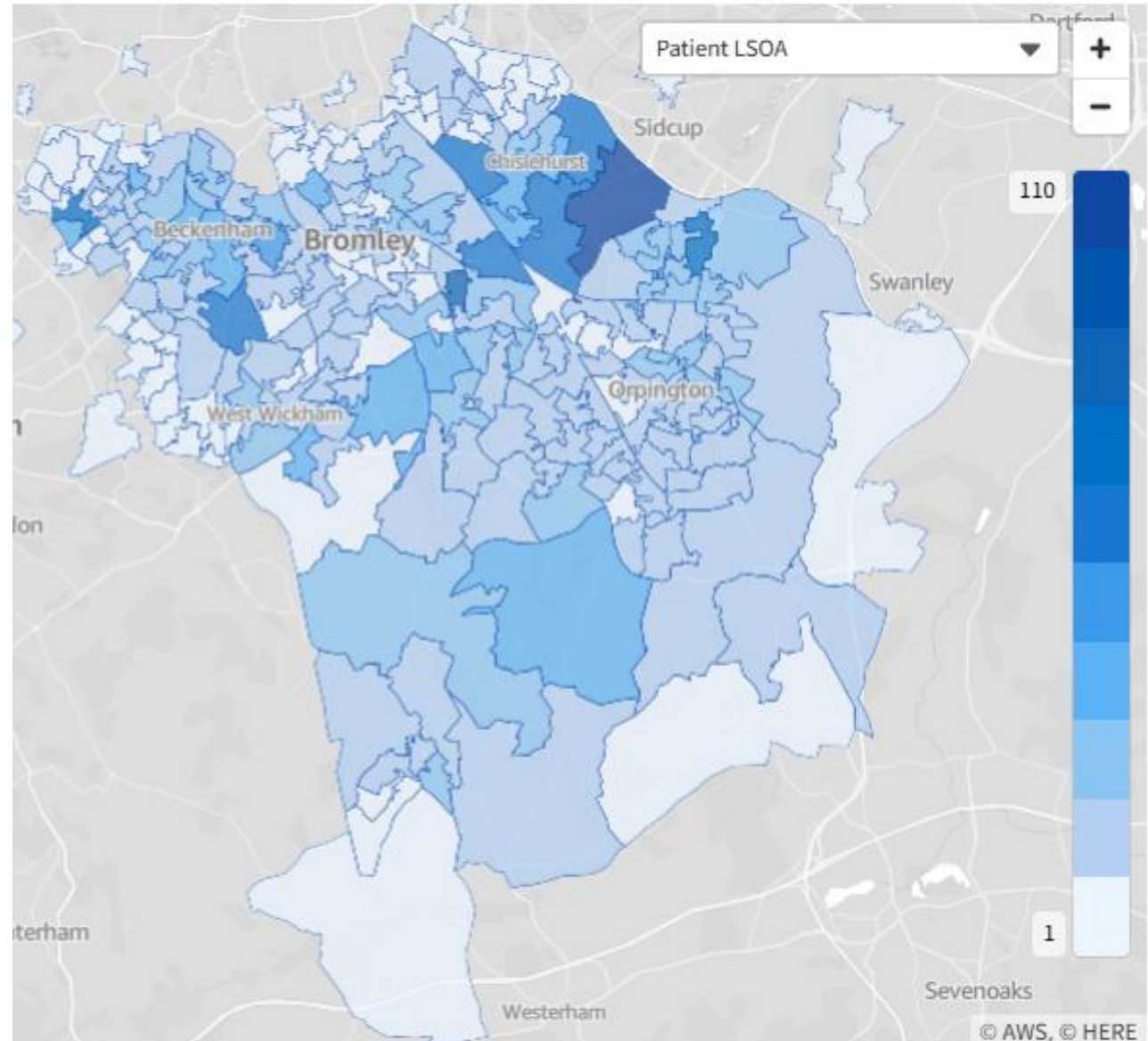
Anticipated outcomes

- More Bromley residents maintain independence, continue living in the homes and places they enjoy, surrounded by the people and things that are meaningful to them, while also mitigating demand growth for statutory services



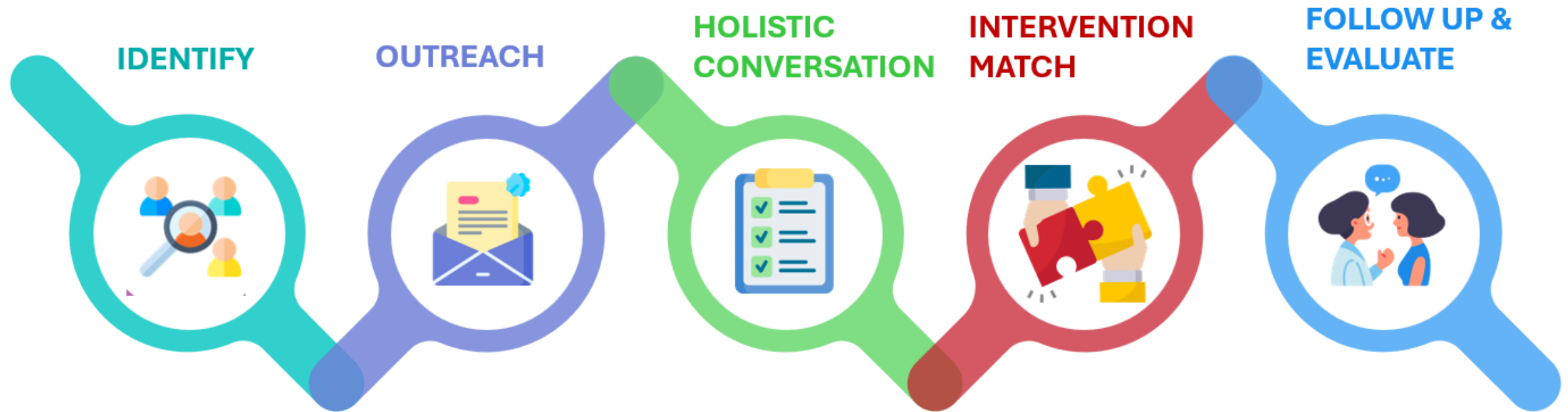
Bromley falls data

- GP data shows 4,255 people in Bromley with a high risk of falls and/or a history of falling – almost 1,000 are aged under 65.
- Two thirds are female, over half have two or more long term conditions, and 650 have drug or alcohol dependency. One third are registered as housebound.
- North East INT has the highest clustering of people registered as at risk of falling. Interestingly South East INT has a uniformly low level of risk of falling coded.
- Interesting to compare NHS and social care data, and in time with other data-sets.



Proposed process

Future of Prevention is about using our data to identify people at risk of falls, outreach to them, engage in a strengths-based holistic conversation and through this help identify interventions which may be helpful. We then follow-up to check in and evaluate the impact.



Types of Interventions

Future of Prevention is part of neighbourhood working. These interventions are the some of same services we are working with as part of our frailty pathway.

Mobility and keeping active

Preserving and developing people's strength and balance.

Volunteer-run strength and balance classes

NHS strength and balance classes

Council strength and balance classes

Local walking groups

Community physiotherapy

Addressing social isolation

Enhancing motivation, connection with the community and countering inactivity and deconditioning.

Community centres

Befriending schemes

Faith and cultural volunteer groups

Digital inclusion sessions

Volunteer-run meet-up sessions



Environmental adjustments

Ensuring people can remain at home safely.

Fire & rescue safe and well visit

Disabled facilities grants

Local handyperson services

Home hazards assessment

Occupational therapy

Connecting to health services

Addressing the medical causes that exacerbate the risk of falls.

Medication review

Footwear and foot care

Multifactorial falls assessment

Vision assessment and correction

Postural hypotension assessment and management