



# JOIN US FOR AN OPEN CONVERSATION ABOUT CONNECTION



**This interactive session explores connection and loneliness, featuring a guest speaker, group discussion, and practical ways to build stronger, more meaningful relationships within your community.**

 **FRIDAY 5TH JUNE 2026**

 **10:00 - 12:00**

 **Bromley United Reformed Church, 20 Widmore Rd, Bromley BR1 1RY**



**Guest Speaker:  
Helayna Jenkins MBE, IEng**



**Light Refreshments  
available**

**Free Registration :  
<https://connectionmatters.eventbrite.co.uk>**