

Hosted by Freeway Union | Supported by Clarion Futures

SUMMER IN THE GARDEN

Active Inclusion presents a 6 week family gardening program where children aged 2 to 15 years old can grow their own food, learn new skills and get their hands dirty!

Every Thursday
from August 14th | 10:00am-12:30pm | Hawthorn Centre,
Penge, SE20 8LB

Join Us!

To join or for any queries please email: jobsandtraining@clarionhg.com/
khorio-fwu@outlook.com



WEEKLY THEMES & ACTIVITIES

(All children must be accompanied by an adult)

Week 1: Welcome to the Garden!

Get a tour of the garden and meet the team

Ages 2-9: Plant Sunflower Seeds
Ages 10-15: Design their own garden plot

Week 2: Grow Your Own Food

Learn about vegetables we grow

Ages 2-9: Plant lettuce or radishes
Ages 10-15: Build mini raised beds

Week 3: Pollinators & Pals

Bug hunt and bee-friendly planting

Ages 2-9: Make bee hotels
Ages 10-15: Create a pollinator map of the garden

Week 4: Garden Art & Creativity

Nature collage & rock painting

Ages 2-9: Create garden signs
Ages 10-15: Paint a mural

Week 5: Harvest & Taste

Pick ripe produce together

Ages 2-9: Make veggie wraps
Ages 10-15: Host a 'Garden chef challenge'

Week 6: Celebration & Sharing

Garden treasure hunt!

Children will present their garden journals & projects

+ Weekly Story times !

With —
I.A.G support with jobs & training
ESO support for adults to discuss jobs & training aspirations



<-- Alternatively, scan the QR code



